

Canoe Open Water Leader Skills Checklist

The checklist is to support Leaders in considering their current skills, knowledge and understanding. By completing the checklist and referring to the <u>Assessment Guidance</u> for further detail can help in shaping an appropriate development plan.

The <u>Leader and Raft Guide Digital Self-Analysis resource</u> could also help in reflection, considering development areas which can then be shared with peers, colleagues and mentors.

Name: Date:

| A. Participant Focused Leadership | o Skills | | |
|--|------------------|--------------------|---------|
| | Strong | Competent | Develop |
| Judgement and decision making | | | |
| Venue selection / use | | | |
| Safety frameworks | | | |
| Vision (inspirational role model) | | | |
| Positive support to group members | | | |
| Leadership style and behaviours | | | |
| Group and safety equipment | | | |
| Personal equipment | | | |
| Impact on environment and others | | | |
| B. Personal Paddling Skills | | | |
| | Strong | Competent | Develop |
| Applied technical skills | | | |
| Tactical paddling skills | | | |
| Physical and mental awareness | | | |
| C. Rescue Skills | | | |
| | Strong | Competent | Develop |
| Self-rescue | | | |
| Deep water rescue | | | |
| Swamped raft | | | |
| Person overboard while sailing | | | |
| Assisting another paddler | | | |
| Dealing with a separated paddler and boat | | | |
| Rescue an unconscious paddler | | | |
| Incident management | | | |
| D. Underpinning background know | wledge, understa | nding and experien | ce |
| | Strong | Competent | Develop |
| Equipment | | | |
| Safety | | | |
| Weather, planning and navigation | | | |
| Access and environment | | | |
| Experience | | | |
| Deployment matters and leadership responsibilities | | | |

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| Canoe Open Water Leader - Candidate Development Plan | | |
|--|--|--|
| Name: | | |
| Specific Comments and Action Points | | |
| Participant Focused Leadership Skills: | | |
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| Personal Paddling Skills: | | |
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| Rescues and Incident Management: | | |
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| | | |
| Background Knowledge and Understanding: | | |
| | | |
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| | | |
| Experience: | | |
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| Reflective Practice: | | |
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